



Training Schedule

Mack Oliver
361-205-3500

Fitness Class \$50

Lil Hurricanes \$50

Striking Class \$75

Kids Jiu Jitsu \$80 (3 Nights)

Jiu Jitsu \$100 Limited (3 Nights)

Jiu Jitsu \$140 Unlimited (5 Nights)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 am Fitness Class	6 am Fitness Class	6 am Fitness Class	6 am Fitness Class	6 am Fitness Class	10:00 am- Open Mat Private Classes by Appointment Only
5:30-6:00 pm Lil Hurricanes 3-4 Yrs.		5:30-6:00 pm Lil Hurricanes 3-4 Yrs.		5:30-6:00 pm Lil Hurricanes 3-4 Yrs.	
6:15-7:15 pm <u>Kids</u> Jiu Jitsu 5-12 Yrs.	6:15-7:15 pm Striking Class Kids / Adults	6:15-7:15 pm <u>Kids</u> No GI Jiu Jitsu 5-12 Yrs.	6:15-7:15 pm Striking Class Kids / Adults	6:15-7:15 pm <u>Kids</u> Jiu Jitsu 5-12 Yrs.	
7:15-8:15 pm <u>Adults</u> Jiu Jitsu 13 Yrs. & Up	7:15-8:15 pm <u>Adults</u> Jiu Jitsu 13 Yrs. & Up	7:15-8:15 pm <u>Adults</u> No GI Jiu Jitsu 13 Yrs. & Up	7:15-8:15 pm <u>Adults</u> Jiu Jitsu 13 Yrs. & Up	7.15-8:15 pm Judo Kids / Adults	